



EKLAVYA SAMACHARA

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July 2024

EKLAVYA EARLY YEARS

Vol. 2 / Sr. 3

FORTHCOMING EVENTS

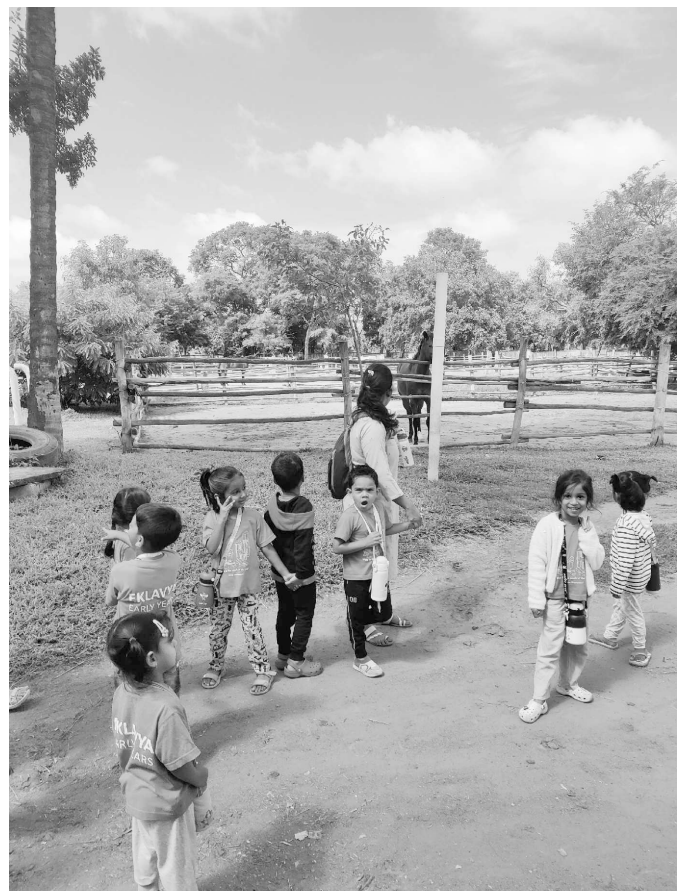
Hiroshima Day	6 August
Kranti Diwas	9 August
Indendence Day	15 August
Parsi New Year	15 August
Varamahalaxmi	16 August
Rakshabandhan	19 August
Mother Teresa's Birthday	26 August
Janmashtami	26 August
Maria Montessori's Birthday	31 August

ANNOUNCEMENTS

Parents' Workshop Dates: 10 August, Sat 10am – 11am
31 August, Sat 10am – 11am

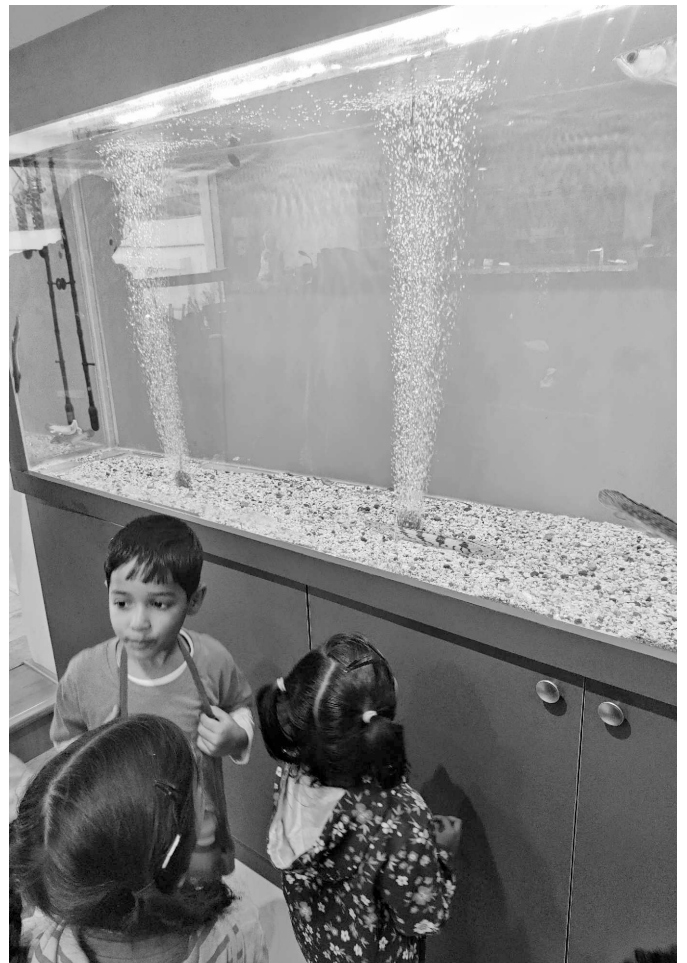
Field Visits

6 July: Field Visit to Embassy Riding School - This month, for our first field visit, PG and KG visited the Embassy Riding School to see horses. The child were delighted to see so many horses galloping, trotting, eating and even sleeping. They saw how horses are bathed, exercised and fed. And learnt a lot of new vocabulary in the process such as saddles, horse shoes, bits, etc.





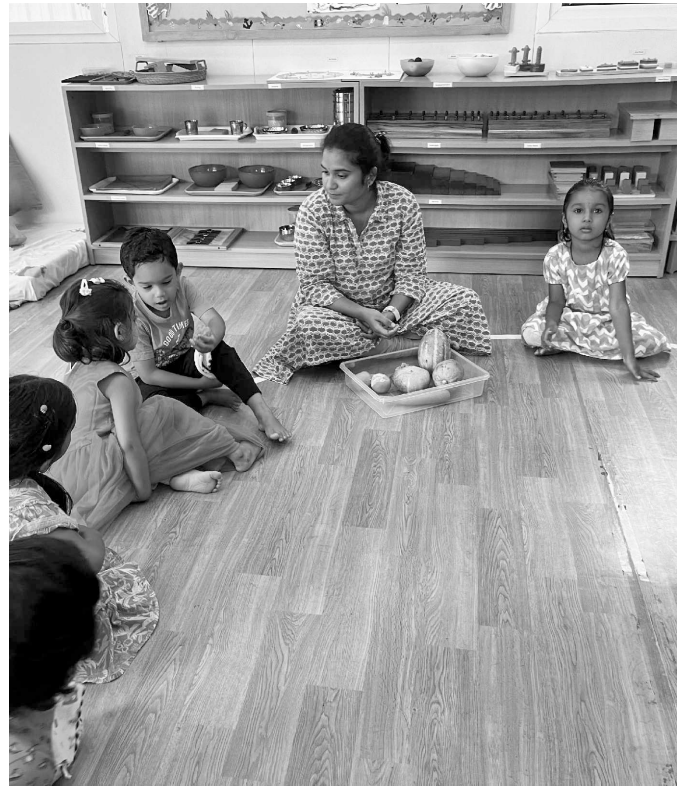
27 July: Field Visit to Aquarium - Children of KG visited an aquarium this month. They were thrilled to see so many small and big fish. Some were brightly coloured while others looked dark and a little menacing. The children also observed how the tank is cleaned and learnt about what kind of food is fed to the fish.





Important Events

24 July: Orange Day - Children of KG celebrated Orange Day through various activities. All of them wore orange to school and during Circle Time, observed orange-coloured fruits and vegetables. They also collected orange-coloured objects from around the classroom and painted with orange to their heart's content.





24 July: Red Day - Children of PG celebrated Red Day through various activities. Children came to school dressed in red. They observed red-coloured fruits and vegetables, collected red objects in the outdoor and indoor environments and coloured a giant apple red.



Curriculum

Outdoor Free Play - Special glimpses of the joyous play that we witness every morning.



Scooping practice



Running around with joy



Slide buddies



Happiness in play



Broad smiles



Drumming to the same beat

Sensorial - Knobbed Cylinders: Children learnt how to work with the knobbed cylinders this month. A beautiful Montessori preliminary material that refines their visual sense, the Knobbed Cylinders also give the children an overview of geometry and dimensions.



Pink Tower - Children learnt how to work with the Pink Tower this month. The Pink Tower is an iconic Montessori material that refines the visual sense and teaches the children sensorially about the concepts of big and small.



Fine Motor Skills - Crumpling Paper: Children of PG learnt to crumple paper with both hands this month. This activity requires strength and dexterity in both hands. The children enjoyed the process of crumpling a lot and had resolved to make the crumpled paper ball as tight as possible. The look of determination on their little faces was a joy to see.



Scribbling - Children of PG enjoyed scribbling on a chart paper this month. The free hand given in scribbling and the large space for scribbling made it very joyful for the children. As they were doing it in groups, one could also see the emergence of collaborative play.





Gross Motor Skills: - Walking on a straight line: Children of PG learnt to walk on a straight line this month. With their arms outstretched, they were keen to balance their whole body and walk gracefully in a line.



Storytelling: - Children of PG and KG enjoyed listening to stories told using puppets and props of many different kinds. The deepened their understanding of the story by doing art activities related to the story and retelling the story to each other.



Sticker activity for 'Thirsty Crow'



Listening to 'Lion and the mouse'



'Three Little Pigs'

Block Room - Children of PG and KG enjoyed Block Room this month. They exhibited incredible persistence, patience and concentration when they worked with the blocks. Working with blocks is a beautiful part of our curriculum because when children work with their hands – lifting heavy blocks, adjusting their positions, balancing them and so on – they strengthen their cognitive abilities and mental faculties as well. As Maria Montessori, “hands are the tools of man’s intelligence.”



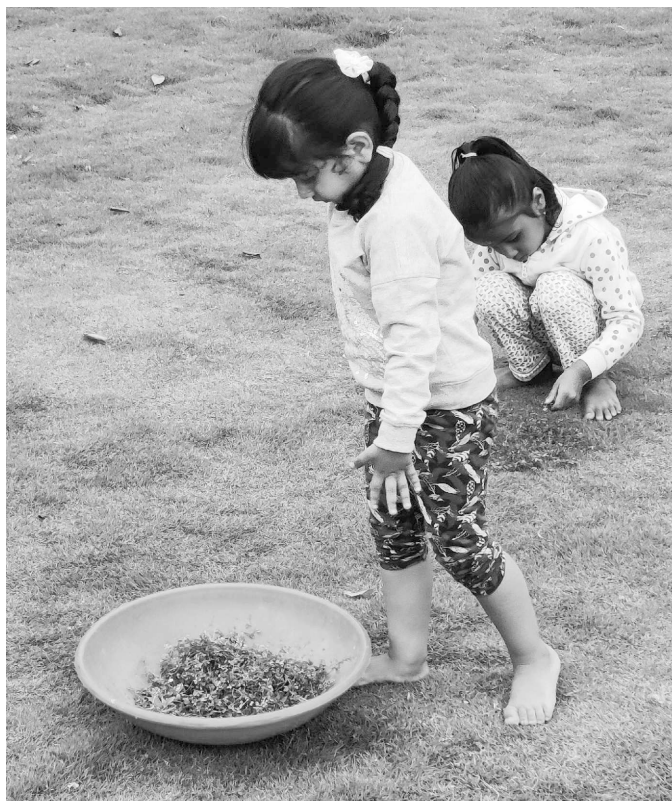


Art - Children of PG and KG expressed themselves creatively through painting and colouring several times this month. Whether it was free painting, clay work, or colouring a picture, they were encouraged to do as they pleased and to focus on savouring the process of 'creating'.



Farming - Not only did children plant lady's finger seeds this month, but they were also involved in learning about many different aspects of working with nature. For instance, KG children de-weeded the lawn, learning to identify a weed from a blade of grass. They also watered the plant learnt more about the guavas and passion fruits growing in the garden. They also observed two moth caterpillars forming cocoons and are eagerly waiting to see what emerges from it.





EEY Outreach

6 July: Event at Sobha Ultima - We conducted a beautiful event at Sobha Ultima this month giving an opportunity to many children to create amazing structures with our Unit Blocks, and get their creative juices flowing through 'process art' activities such as balloon art.



NATIONAL BESTSELLER

How To Talk So Kids Will Listen & Listen So Kids Will Talk

"The parenting bible."
—The Boston Globe

Featuring the authors

Adele Faber & Elaine Mazlish

Authors of the #1 New York Times Bestseller *Siblings Without Rivalry*

Encouraging Autonomy

Most of the books on child-rearing tell us that one of our most important goals as parents is to help our children separate from us, to help them become independent individuals who will one day be able to function on their own without us.

We're urged not to think of our children as little carbon copies of us or as extensions of ourselves but as unique human beings with different temperaments, different tastes, different feelings, different desires, different dreams.

Yet how are we to help them become separate, independent persons? By allowing them to do things for themselves, by permitting them to wrestle with her own problems, by letting them learn from their own mistakes.

Easier said than done. I can still remember my first child struggling to tie his shoelaces and me watching patiently for about ten seconds and then bending down to do it for him.

And all my daughter had to do was just mention that she was having a quarrel with a friend, and I'd jump in with instant advice for her.

And how could I let my children make mistakes and suffer failure when all they had to do was listen to me in the first place?

You may be thinking, "What's so terrible about helping children tying their shoelaces, telling them how to

resolve an argument with a friend, or seeing to it that they don't make mistakes? After all, children are younger and less experienced. They really are dependent on the adults around them."

Here's the problem. When one person is continually dependent on another, certain feelings arise. In order to get clear on what those feelings might be, please read the following statement and write down your reactions:

1. You are four years old. In the course of the day, you hear your parents tell you:
 - a. "Eat your string beans. Vegetables are good for you."
 - b. "Here, let me zip that zipper for you."
 - c. "You're tired. Lie down and rest."
 - d. "I don't want you playing with that boy. He uses bad language."
 - e. "Are you sure you don't have to go to the bathroom?"

Your reaction: _____

It's probably safe to say that you wouldn't want your child to feel towards you most of the feelings you've just written down.

And yet when people are placed in dependent positions, along with a small amount of gratitude they usually do experience massive feelings of helplessness, worthlessness and resentment, frustration, and anger. This unhappy truth can present a dilemma for us as parents. On the one hand, our children are clearly dependent on us. Because of their youth and inexperience, there is so much we have to do for them, tell them, show them. On the other hand, the very fact of their dependency can lead to hostility.

Are there ways to minimize our children's feelings of dependency? Are there ways to help them become more responsible human beings who can function on their own? Fortunately, the opportunities to encourage our children's autonomy present themselves every day. Here are some specific skills that can help children to rely on themselves rather than on us.

To Encourage Autonomy

1. Let children make choices.
2. Show respect for a child's struggle.
3. Don't ask too many questions.
4. Don't rush to answer questions.
5. Encourage children to use sources outside the home.
6. Don't take away hope.

(Excerpted from *How to talk so kids will listen and listen so kids will talk* by Adele Faber & Elaine Mazlish)

Offer choices



Respect your child's struggle



Don't rush to answer questions



Encourage children to use outside sources

